**3MT Video Creation and Sharing Guide**

**1) Prepare your three minute presentation**

* 1. Consult with the [Official Virtual 3MT guide](https://threeminutethesis.uq.edu.au/3mt-virtual-competitor-guide) for presenting if you haven’t participated in a 3MT competition before
  2. Review some sample videos from [Yale](https://ocs.yale.edu/blog/2020/12/10/yale-2020-3-minute-thesis-competition-winners-announced/) and [3MT](https://vimeo.com/threeminutethesis/albums) to get a feel for different styles and how to communicate to a non-expert audience
  3. Create 1 static slide, no transitions, animations, etc

**2) Record your presentation**

Using Zoom:

·       Zoom - [how to record yourself via Zoom](https://support.zoom.us/hc/en-us/articles/201362473-Local-Recording).

·       [Using audio transcription for Zoom cloud recordings](https://support.zoom.us/hc/en-us/articles/115004794983-Using-audio-transcription-for-cloud-recordings-)

·       Can use “[**Shared window**](https://support.zoom.us/hc/en-us/articles/360025561091-Recording-layouts#h_5e1fce96-29ec-4402-98e0-cab078b2f6e8)” recording layout. This is how the Yale videos (above) are set up.

·      Sample Instructions from UNC: [Zoom To Pre-Record Presentations To Share With Students](https://keepteaching.unc.edu/digital-strategies-2/zoom-pre-record/)

·      Sample Instructions from UMass: [How to Record your 3MT Video using Zoom](https://www.umass.edu/graduate/how-record-your-3mt-video-using-zoom) (does not include instructions on saving the transcript, as shown above)

·       Sample Instructions from [FAU Virtual 3MT Competition](https://www.fau.edu/graduate/FAU3MT_Zoom_Instructions.pdf)

Or using PowerPoint:

·       [How to Make a Video in PowerPoint - ppt to video](https://www.youtube.com/watch?v=D8JV3w4TOVw)

**3) Share the original video file, PPT slide file, and Transcript** with me via using [WeTransfer](https://wetransfer.com/) (no need to create an account) and my email address [brybar@unc.edu](mailto:brybar@unc.edu) as the recipient email.

1. For [WeTransfer](https://wetransfer.com/) Click the + sign
2. Add the recipient’s email address ([brybar@unc.edu](mailto:brybar@unc.edu))
3. Add your email address
4. Click Transfer